

## We are looking for young people to be part of the headspace Wonthaggi Youth Advisory Group YAG

**Are you aged between 12 and 25 and live, work or study in South Gippsland/Bass Coast? Do you have something to say about youth mental health?**

**What is the headspace local Youth Advisory Group (YAG)?**

- Leading a project in your local area
- Website consultation and development
- Research and evaluation of headspace services
- Consultation around resource development such as: factsheets, brochures, radio ads etc
- Peer support and mentoring

**By getting involved, you will**

- Have the opportunity to have your say and direct youth mental health services in Australia
- Develop new skills
- Meet and work with other young people who are passionate about youth mental health
- Make a difference to youth mental health
- And of course have some fun! 😊

**headspace** will provide some training to support you to participate in the above groups or activities.

**How do I get involved?** Complete the application form, scan and email it to

[info@headspacewonthaggi.org.au](mailto:info@headspacewonthaggi.org.au) or you can post or drop it into headspace Wonthaggi - 5b Murray Street Wonthaggi 3995

### Who can apply?

**We are looking for anyone aged between 12 and 25 who live, work and study in South Gippsland/Bass Coast**

We want you to apply if:

- You have had your own experiences of feeling depressed, anxious or another mental health issue
- You have a friend or family member who has/or had a mental illness or drug addiction
- You feel passionate about and are interested in mental health issues
- This group is keen to hear the voices of **all young people**

**If you think this group is for you - please apply!**

## Application form

Personal Details	
Name	
Mobile	
Email	
Address	Street:  Town: Post code:
Date of birth	

What languages do you speak at home?	
Where were you born?	
Are you Aboriginal or Torres Strait Islander?	
Are you from a rural or remote area?	
Do you have a family member with a mental health problem	
Do you identify as having/had a mental health problem?	
Is this something that you would be happy (and feel comfortable) talking about?	

## About you

### Please tell us a bit about yourself?

*(For example: I am 15 years old and attend School/work/other study and I like skate-boarding)*

### Please describe why you are interested in becoming a Youth Advisory Group (YAG) member?

### What skills and ideas could you bring to the Youth Advisory Group (YAG)?

### Are you involved in any other organisations or groups? If yes, which ones and what is your involvement?

**Applicants over the age of 14** must apply for a current Working with Children's Check, this is **FREE** for Volunteers and our Community Engagement Officer can support you through this process - it's easy!

**Applicants over the age of 14** must also undergo a current and satisfactory Crim Check - this is at the cost of **headspace** Wonthaggi and our Community Engagement Officer can support you through this process as well.