

what's on at headspace onkaparinga?

Keen to join us? To register, call 8186 8600 or speak to your worker

Tuesday

Southern Rainbow Youth

The second and fourth Tuesday

Wardli Youth Centre

A space where you can be yourself, have fun and make new friends!

Southern Rainbow Youth is a social group for LGBTIQ+ young people aged 16 to 25.

Different activities will be offered each session – games, quiz nights, thrifty crafts, movie nights plus so much more.

Nibbles and drinks provided.

This group is for all young people aged 16 to 25 in the Southern Adelaide region .

Wednesday

Picnic in the Park

Weekly 2:30 - 3:30 pm

Sonder Onkaparinga

Are you interested in creating some new social connections and working on your social skills!

Join us for our picnic in the park group. Come along and meet some new people whilst playing some games and eating some yummy food.

Everything is provided all you need to bring is yourself!

This group is for headspace and emerge clients aged 16 to 25 years old.

Thursday

Art in the Park

Weekly 2:30 - 3:30 pm

Rotary Park across from headspace Onkaparinga

Interested in exploring your creative side? Enjoy hanging out in nature?

Join us for art in the park to meet new people and participate in fun art and craft activities.

All materials are supplied.

This group is for headspace and emerge clients aged 16 to 25 years old.