Family and Friends Afternoon Tea

With headspace and Interrelate.

Have a yarn with other family and friends.

Where: headspace Lake Haven

70 Chelmsford Road East

Lake Haven

When: Monthly beginning

Tuesday 28th November 2023

Time: 3:30-4:30 pm

Afternoon tea and light refreshments will be provided

RSVP preferred: Please call 4394 9100





Please note this afternoon tea is for family and Friends of current headspace clients only.

This afternoon tea is informal and an opportunity to provide support to one another. We won't be discussing young people, However please feel free to speak to their clinician if you have any questions.

Please respect each others confidentiality during this afternoon tea