



communicating with confidence

Good communication skills are the secret to fulfilling relationships. Come down and learn about the 3 common types of communication styles and how to be more assertive.

Sign-up here!
<https://bit.ly/361FyXY>



Who
12 – 25 years

When
Thursday 28th July 2022
4.30 – 6pm

Where
headspace Joondalup
22 Reid Promenade, Joondalup

Contact us
Call (08) 9301 8900 or
E-mail info@headspacejoondalup.com.au



headspace Joondalup is on Whadjuk Noongar land. We acknowledge the Traditional Owners of this Country, and we pay our respects to their Elders past, present and emerging.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health