







## **Diversity Groups**

headspace Bendigo offers two diversity groups weekly for young people who identify as LGBTIQ+ and their friends and allies. We provide a safe and inclusive space where young people can be themselves, meet others, have some fun and participate in community activities that celebrate diversity.

FROGS—Full Range of Genders and Sexuality

18-25 years of age

Wednesdays : 4.30pm-6.00pm

TADPOLES—Trans and Diverse People Openly Loving Everyones Sexuality

12-17 years of age

Thursdays: 4.00pm-5.30pm

For further information contact: headspace Bendigo on 5434 5345



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